

SUN	MON	TUE	WED	THUR	FRI	SAT
 MDR: Main Dining Room SDR: Side Dining Room LDG: Lodge Room FS: Fireside Room				9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Small Groups (SDR) 3:00 Ball Toss (LDG) 4:00 Trivia (MDR) 6:00 Throw-Back Thursday 1	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 2:30 Music with Ron Nations 6:00 Fairy-Tale Friday 2	9:30 Ball Toss (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Bowling! (LDG) 1:30 Small Groups 2:30 BINGO (MDR) 4:00 True Or False 6:00 Slapstick Saturday 3
9:30 Hymns & Harmony 9:30 Televised Church Service (SDR) 10:00 Morning Chair Exercise's (MDR/SDR) 1:30 Self-Care Sundays (MDR) 2:30 Sunday Social (MDR) 4:00 Trivia (MDR) 6:00 Silly Movie Sunday 4	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday 5	9:30 Ball Toss (MDR) 11:00 Spa manicures (SDR) 1:30 Small Groups 1:30 White Board Games (LDG) 3:00 Ping Pong (MDR/LDG) 4:00 Small Groups (MDR/SDR) 6:00 Tender-Hearted Tuesday 6	9:30 Morning Coffee and Tea (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Coloring (SDR/CY) 1:30 Cornhole (LDG) 3:00 Basketball (LDG) 6:00 Western Wednesday 7	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Small Groups (SDR) 2:30 Music With David Little (MDR) 4:00 Trivia (MDR) 6:00 Throw-Back Thursday 8	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Puppy Therapy with Moose 2:30 Happy Hour (MDR/SDR) 3:00 Interactive Art (CYRD) 6:00 Fairy-Tale Friday 9	9:30 Ball Toss (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Bowling! (LDG) 1:30 Small Groups 2:30 BINGO (MDR) 4:00 True Or False 6:00 Slapstick Saturday 10
9:30 Hymns & Harmony 9:30 Televised Church Service (SDR) 10:00 Morning Chair Exercise's (MDR/SDR) 1:30 Self-Care Sundays (MDR) 2:30 Sunday Social (MDR) 4:00 Trivia (MDR) 6:00 Silly Movie Sunday 11	Indigenous Peoples' Day 9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 1:30 Flower Arranging (MDR/CYRD) 2:30 Paint and Sip (MDR) 4:00 Finishing Lines (MDR) 6:00 Musical Monday 12	Happy Birthday Peg! 9:30 Ball Toss (MDR) 11:00 Spa manicures (SDR) 1:30 Pumpkin Carving! (MDR) 1:30 Small Groups 4:00 Small Groups (MDR/SDR) 6:00 Tender-Hearted Tuesday 13	Happy Birthday Danny! Happy Birthday Jean B! 9:30 Morning Coffee and Tea (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Coloring (SDR/CY) 1:30 Cornhole (LDG) 2:30 Music with Do Peterson 6:00 Western Wednesday 14	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Lunch at Lake Ballinger Center 1:30 Small Groups (SDR) 3:00 Ball Toss (LDG) 4:00 Trivia (MDR) 6:00 Throw-Back Thursday 15	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 3:00 Interactive Art (CYRD) 6:00 Fairy-Tale Friday 16	9:30 Ball Toss (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Bowling! (LDG) 1:30 Small Groups 2:30 BINGO (MDR) 4:00 True Or False 6:00 Slapstick Saturday 17
9:30 Hymns & Harmony 9:30 Televised Church Service (SDR) 10:00 Morning Chair Exercise's (MDR/SDR) 1:30 Self-Care Sundays (MDR) 2:30 Sunday Social (MDR) 4:00 Trivia (MDR) 6:00 Silly Movie Sunday 18	Happy Birthday Larry! 9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 1:30 Puppy Therapy with Moose 2:30 Paint and Sip (MDR) 4:00 Finishing Lines (MDR) 6:00 Musical Monday 19	9:30 Ball Toss (MDR) 11:00 Spa manicures (SDR) 1:30 Small Groups 1:30 White Board Games (LDG) 3:00 Ping Pong (MDR/LDG) 4:00 Small Groups (MDR/SDR) 6:00 Tender-Hearted Tuesday 20	9:30 Morning Coffee and Tea (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 2:00 Mini Pumpkin Decorating Contest! (MDR) 3:00 Basketball (LDG) 4:00 Small Groups 6:00 Western Wednesday 21	Happy Birthday Sharon! 9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Lunch Outing to Edmonds Senior Center 1:30 Small Groups (SDR) 3:00 Ball Toss (LDG) 4:00 Trivia (MDR) 6:00 Throw-Back Thursday 22	Happy Birthday Diana! 9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 2:30 Music With Ron Nations (MDR) 6:00 Fairy-Tale Friday 23	9:30 Ball Toss (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Bowling! (LDG) 1:30 Small Groups 2:30 BINGO (MDR) 4:00 True Or False 6:00 Slapstick Saturday 24
9:30 Hymns & Harmony 9:30 Televised Church Service (SDR) 10:00 Morning Chair Exercise's (MDR/SDR) 1:30 Self-Care Sundays (MDR) 2:30 Sunday Social (MDR) 4:00 Trivia (MDR) 6:00 Silly Movie Sunday 25	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday 26	9:30 Ball Toss (MDR) 11:00 Spa manicures (SDR) 1:30 Small Groups 4:00 White Board Games (LDG) 2:30 Music with Jaeden Luke! (MDR) 4:00 Small Groups (MDR/SDR) 6:00 Tender-Hearted Tuesday 27	Happy Birthday Joan! 9:30 Morning Coffee and Tea (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Coloring (SDR/CY) 1:30 Cornhole (LDG) 3:00 Basketball (LDG) 6:00 Western Wednesday 28	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Small Groups (SDR) 2:00 Halloween Cookie Decorating (MDR) 4:00 Trivia (MDR) 6:00 Throw-Back Thursday 29	9:30 Morning Coffee and Tea (MDR/SDR) 10:00 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Music with the Cabarets (LDG) 2:00 Halloween Bash! 6:00 Fairy-Tale Friday 30	Halloween 9:30 Ball Toss (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Halloween Movie (SDR/FSR) 1:30 Small Groups 1:30 Spooky Stories (SDR) 2:30 Halloween Games (MDR) 4:00 True Or False 6:00 Slapstick Saturday 31