






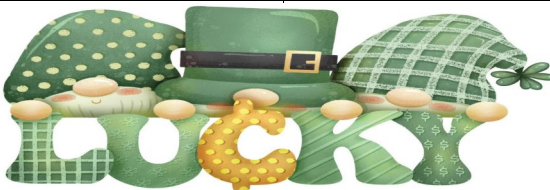


Dungeness Courte
651 Garry Oak Dr.
Sequim, WA 98382

MARCH

2025
Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309.					1 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure	
2 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 2:30 Catholic Communion 3:30 Resident Choice	3 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure	4 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Word Teasers 5:30 Evening Leisure	5 Dennis (86) 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	6 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers	7 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos	8 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure
9 10:00 Octaband  10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure	10 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure	11 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure	12 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	13 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure	14 10:00 Noodle Aerobics 10:30 Manicures 2:00 Kitty City 3:00 Sing Song 4:15 Animal Videos	15 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure
16 10:00 Short Stories 10:30 Balloon Badminton 1:30 Gospel Songs 2:00 Online Church 3:30 Resident Choice	17 St. Patrick's Day 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure	18 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Leprechaun Social 5:30 Evening Leisure	19 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Remind Magazine 5:30 Evening Leisure	20 10:00 Sittercise  10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers	21 Margie (100) 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:30 Sing Song 4:15 Animal Videos	22 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure
23 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure	24 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure	25 Mary (95) 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 3:30 Word Teasers 5:30 Evening Leisure	26 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	27 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Claudia Nash 5:30 Evening Leisure	28 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos	29 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure
30 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 2:30 Catholic Communion 3:30 Resident Choice	31 Bill (78) 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure				Please note, that occasionally activity times may be subject to change to better suit the needs of our residents	