

SUN	MON	TUE	WED	THUR	FRI	SAT
9:30 Morning Chair Exercise's (MDR/SDR) 11:00 Small Groups 11:00 Televised Church Service 1:30 Self-Care Sundays 2:30 Sunday Social (MDR/SDR) 3:00 Small Groups 4:00 Trivia (MDR) 6:00 Silly Movie Sunday	9:30 Balloon Volleyball (MDR/SDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Flower Arranging (SDR) 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday	9:30 Ball Toss (LDG/CY) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Basketball (LDG) 1:30 Jewlery Making Club 2:30 Bus outing to Edmonds Beach 3:00 Cornhole (LDG) 3:30 Small Groups 6:00 Throw-Back Tuesdays	9:30 Balloon Volleyball (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Ball Toss (LDG/CYRD) 3:00 Ring Toss (LDG/CYRD) 3:30 Board Games (MDR/CYRD) 4:00 True Or False 6:00 Western Wednesday's	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Soccer (LDG/CY) 2:30 Music With David Little (MDR) 3:30 Dart Throwing 4:00 Trivia (MDR) 6:00 Tender-Hearted Thursdays	<b>D-Day</b> 9:30 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Interactive Art (MDR) 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 3:30 Board Games (MDR/CYRD) 4:00 Small Groups 6:00 Fairy-Tale Fridays	9:30 Ball Toss (LDG/CY) 11:00 Small Groups 1:00 Bowling! (LDG) 2:00 BINGO (MDR) 2:00 Small Groups 3:00 Card Club 4:00 True Or False 6:00 Slapstick Saturdays
9:30 Morning Chair Exercise's (MDR/SDR) 11:00 Small Groups 11:00 Televised Church Service 1:30 Self-Care Sundays 2:30 Sunday Social (MDR/SDR) 3:00 Small Groups 4:00 Trivia (MDR) 6:00 Silly Movie Sunday	9:30 Balloon Volleyball (MDR/SDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Cooking Club 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday	<b>Happy Birthday Janey S!</b> 9:30 Ball Toss (LDG/CY) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Music with Jeff Brewer (LDG) 3:00 Cornhole (LDG) 3:00 Small Groups 6:00 Throw-Back Tuesdays	9:30 Balloon Volleyball (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Ball Toss (LDG/CYRD) 3:00 Ring Toss (LDG/CYRD) 3:30 Board Games (MDR/CYRD) 4:00 True Or False 6:00 Western Wednesday's	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 11:45 Mcdonald's Lunch 1:30 Soccer (LDG/CY) 3:00 Dart Throwing 4:00 Trivia (MDR) 6:00 Tender-Hearted Thursdays	9:30 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Interactive Art (MDR) 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 3:30 Board Games (MDR/CYRD) 4:00 Small Groups 6:00 Fairy-Tale Fridays	<b>Flag Day</b> 9:30 Ball Toss (LDG/CY) 11:00 Small Groups 1:00 Bowling! (LDG) 2:00 BINGO (MDR) 2:00 Small Groups 3:00 Card Club 4:00 True Or False 6:00 Slapstick Saturdays
<b>Father's Day</b> 9:30 Morning Chair Exercise's (MDR/SDR) 11:00 Small Groups 11:00 Televised Church Service 1:30 Self-Care Sundays 2:30 Fathers Day Social 3:00 Small Groups 4:00 Trivia (MDR) 6:00 Silly Movie Sunday	9:30 Balloon Volleyball (MDR/SDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Flower Arranging (SDR) 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday	9:30 Ball Toss (LDG/CY) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Basketball (LDG) 1:30 Jewlery Making Club 2:30 Ice Cream Outing 3:00 Cornhole (LDG) 3:00 Small Groups 6:00 Throw-Back Tuesdays	<b>Happy Birthday Mike!</b> 9:30 Balloon Volleyball (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Ball Toss (LDG/CYRD) 2:00 Music with Do Peterson 3:30 Board Games (MDR/CYRD) 4:00 True Or False 6:00 Western Wednesday's	<b>Juneteenth</b> 9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:30 Soccer (LDG/CY) 2:30 Picnic outing 3:00 Dart Throwing 4:00 Trivia (MDR) 6:00 Tender-Hearted Thursdays	9:30 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Interactive Art (MDR) 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 3:30 Board Games (MDR/CYRD) 4:00 Small Groups 6:00 Fairy-Tale Fridays	9:30 Ball Toss (LDG/CY) 11:00 Small Groups 1:00 Bowling! (LDG) 2:00 BINGO (MDR) 2:00 Small Groups 3:00 Card Club 4:00 True Or False 6:00 Slapstick Saturdays
<b>Happy Birthday Sandy!</b> 9:30 Morning Chair Exercise's (MDR/SDR) 11:00 Small Groups 11:00 Televised Church Service 1:30 Self-Care Sundays 2:30 Sunday Social (MDR/SDR) 3:00 Small Groups 4:00 Trivia (MDR) 6:00 Silly Movie Sunday	9:30 Balloon Volleyball (MDR/SDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:30 Cooking Club 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday	9:30 Ball Toss (LDG/CY) 9:30 Range of Motion (SDR) 11:00 Small Groups 1:00 Dance and Live Music Bus Outing 1:30 Basketball (LDG) 3:00 Cornhole (LDG) 3:00 Small Groups 6:00 Throw-Back Tuesdays	9:30 Balloon Volleyball (MDR/SDR) 10:30 Chefs Corner (MDR) 11:00 Range of Motion (SDR) 1:30 Ball Toss (LDG/CYRD) 1:30 Small Groups 3:00 Ring Toss (LDG/CYRD) 3:30 Board Games (MDR/CYRD) 4:00 True Or False 6:00 Western Wednesday's	9:30 Chair Yoga (MDR) 9:30 Range of Motion (SDR) 11:00 Lunch Outing to Edmonds Senior Center 11:00 Small Groups 1:30 Soccer (LDG/CY) 3:00 Dart Throwing 4:00 Trivia (MDR) 6:00 Tender-Hearted Thursdays	9:30 Balloon Volleyball (MDR/SDR) 11:00 Small Groups 1:30 Interactive Art (MDR) 1:30 Friday Movie (SDR) 2:30 Happy Hour (MDR/SDR) 2:30 Music with the Cabarets (MDR) 3:30 Board Games (MDR/CYRD) 4:00 Small Groups 6:00 Fairy-Tale Fridays	9:30 Ball Toss (LDG/CY) 11:00 Small Groups 1:00 Bowling! (LDG) 2:00 BINGO (MDR) 2:00 Small Groups 3:00 Card Club 4:00 True Or False 6:00 Slapstick Saturdays
9:30 Morning Chair Exercise's (MDR/SDR) 11:00 Small Groups 11:00 Televised Church Service 1:30 Self-Care Sundays 2:30 Sunday Social (MDR/SDR) 3:00 Small Groups 4:00 Trivia (MDR) 6:00 Silly Movie Sunday	9:30 Balloon Volleyball (MDR/SDR) 9:30 Range of Motion (SDR) 11:00 Spa manicures (SDR) 1:00 Bingo At Edmonds Waterfront Center 2:30 Paint and Sip (MDR) 2:30 Small Groups 4:00 Finishing Lines (MDR) 6:00 Musical Monday					