







Dungeness Courte

651 Garry Oak Dr
Sequim, WA 968382



Activities 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please note, that occasionally activity times may be subject to change to better suit the needs of our residents</p>	<p>1</p> <p>10:00 Walk-N Talk 10:30 Memory Cards 2:00 Bingo 3:30 Bucket Toss 5:30 Evening Leisure</p>	<p>2</p> <p>10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Puzzles 5:30 Evening Leisure</p>	<p>3</p> <p>10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Bus Outing 2:30 Card Games 5:30 Evening Leisure</p>	<p>4 Lilly (91) Sarah (81) </p> <p>10:00 Sittercise 10:45 Creative Coloring 11:30 Hair Care w/Heidi 1:30 Wheelers 2:00 Volleyball 3:30 Word Teasers</p>	<p>5</p> <p>10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Chair Soccer 4:15 Animal Videos 5:30 Evening Leisure</p>	<p>6</p> <p>10:00 Sittercise 10:30 Sing A Song 2:00 Let's Bake 5:30 Evening Leisure</p>
<p>7</p> <p>10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 3:30 Catholic Communion 3:30 Resident Choice 5:30 Evening Leisure</p>	<p>8</p> <p>10:00 Outdoor Exercise 10:30 Memory Cards 2:00 Hoopshoot 3:30 Giant Jenga 5:30 Evening Leisure</p>	<p>9 Candy (74) </p> <p>10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Table Games 3:30 Word Teasers 5:30 Evening Leisure</p>	<p>10</p> <p>10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Myrna on Piano 3:30 Card Games 5:30 Evening Leisure</p>	<p>11</p> <p>10:00 Sittercise 10:45 Creative Coloring 11:30 Hair Care w/Heidi 2:00 The Secords 3:30 Word Teasers 5:30 Evening Leisure</p>	<p>12</p> <p>10:00 Noodle Aerobics 10:30 Manicures 2:00 OTA Singers 3:00 Chair Soccer 4:15 Animal Videos 5:30 Evening Leisure</p>	<p>13</p> <p>10:00 Sittercise 10:30 Sing A Song 2:00 Crafty Corner 5:30 Evening Leisure</p>
<p>14 Flag Day </p> <p>10:00 Octaband/Parachute 10:30 Creative Building 2:00 Online Church 3:30 Catholic Communion 3:30 Short Stories 5:30 Evening Leisure</p>	<p>15</p> <p>10:00 Walk-N Talk 10:30 Memory Cards 2:00 Bingo 3:30 Bucket Toss 5:30 Evening Leisure</p>	<p>16</p> <p>10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Movie Matinee 5:30 Evening Leisure</p>	<p>17</p> <p>10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Card Games 5:30 Evening Leisure</p>	<p>18</p> <p>10:00 Sittercise 10:45 Creative Coloring 11:30 Hair Care w/Heidi 1:30 Wheelers 2:00 Volleyball 3:30 Word Teasers 5:30 Evening Leisure</p>	<p>19</p> <p>10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Chair Soccer 4:15 Animal Videos 5:30 Evening Leisure</p>	<p>20</p> <p>10:00 Sittercise 10:30 Sing A Song 2:00 Let's Bake 5:30 Evening Leisure</p>
<p>21 Father's Day </p> <p>10:00 Short Stories 10:30 Balloon Badminton 1:30 Gospel Music 2:00 Online Church 3:30 Catholic Communion 3:30 Resident Choice 5:30 Evening Leisure</p>	<p>22</p> <p>10:00 Outdoor Exercise 10:30 Memory Cards 2:00 Hoopshoot 3:30 Giant Jenga 5:30 Evening Leisure</p>	<p>23</p> <p>10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 3:30 Puzzles 5:30 Evening Leisure</p>	<p>24</p> <p>10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Bus Outing 2:30 Card Games 5:30 Evening Leisure</p>	<p>25</p> <p>10:00 Sittercise 10:45 Creative Coloring 11:30 Hair Care w/Heidi 2:00 Claudia Nash 3:30 Word Teasers 5:30 Evening Leisure</p>	<p>26</p> <p>10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Animal Videos 5:30 Evening Leisure</p>	<p>27</p> <p>10:00 Sittercise 10:30 Sing A Song 2:00 Crafty Corner 5:30 Evening Leisure</p>
<p>28</p> <p>10:00 Octaband/Parachute 10:30 Creative Building 2:00 Online Church 3:30 Catholic Communion 3:30 Short Stories 5:30 Evening Leisure</p>	<p>29</p> <p>10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Bucket Toss 5:30 Evening Leisure</p>	<p>30</p> <p>10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Table Games 3:30 Word Teasers 5:30 Evening Leisure</p>			<p>If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309 ext. 119</p>	