


Dungeness Courte
651 Garry Oak Dr.
Sequim, WA 98382

January

2025
Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309.</p>			<p>1 New Year's Day 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p>	<p>2 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure</p>	<p>3 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos</p>	<p>4 Bettye (94) 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure</p>
<p>5 Sandy (90) 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 2:30 Catholic Communion 3:30 Resident Choice</p>	<p>6 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure</p>	<p>7 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Word Teasers 5:30 Evening Leisure</p>	<p>8 Joy (82) 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p>	<p>9 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers</p>	<p>10 Peggy (86) 10:00 Noodle Aerobics 10:30 Manicures 2:00 OTA Singers 3:30 Sing Song 4:15 Animal Videos</p>	<p>11 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure</p>
<p>12 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure</p>	<p>13 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure</p>	<p>14 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure</p>	<p>15 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Remind Magazine 5:30 Evening Leisure</p>	<p>16 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure</p>	<p>17 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Sing Song 4:15 Animal Videos</p>	<p>18 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure</p>
<p>19 10:00 Short Stories 10:30 Balloon Badminton 1:30 Gospel Songs 2:00 Online Church 3:30 Resident Choice</p>	<p>20 MLK Jr Day 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Belly Dancers 3:30 Jenga 5:30 Evening Leisure</p>	<p>21 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure</p>	<p>22 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p>	<p>23 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers</p>	<p>24 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos</p>	<p>25 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure</p>
<p>26 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure</p>	<p>27 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Messengers 3:30 Lets Get Talking 5:30 Evening Leisure</p>	<p>28 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 5:30 Evening Leisure</p>	<p>29 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p>	<p>30 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Claudia Nash 5:30 Evening Leisure</p>	<p>31 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos</p>	<p>Please note, that occasionally activity times may be subject to change to better suit the needs of our residents</p>