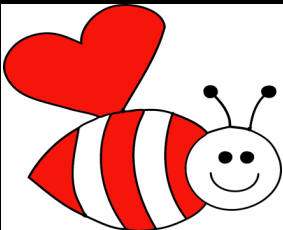
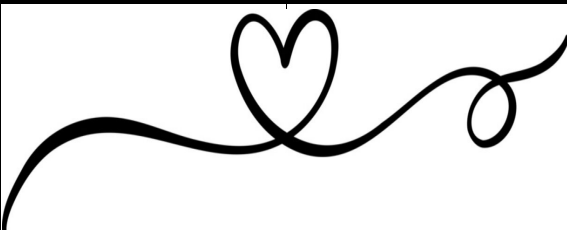
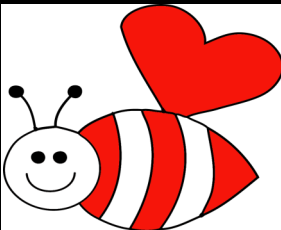







Dungeness Courte
651 Gary Oak Dr.
Sequim, WA 98382

February

2025
Activities

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|---|--|---|--|--|--|---|--|
| <p>If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309.</p> | |  | |  | |  | |
| <p>2 Ground Hog Day 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 2:30 Catholic Communion 3:30 Resident Choice </p> | <p>3 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure</p> | <p>4 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Word Teasers 5:30 Evening Leisure</p> | <p>5 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p> | <p>6 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers</p> | <p>7 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos</p> | <p>8 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure</p> | |
| <p>9 SUPER BOWL 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure</p> | <p>10 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure</p> | <p>11 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure</p> | <p>12 Lincoln's Birthday 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure </p> | <p>13 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure</p> | <p>14 Valentine's Day 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos </p> | <p>15 Dale (84) 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 5:30 Evening Leisure </p> | |
| <p>16 10:00 Short Stories 10:30 Balloon Badminton 1:30 Gospel Songs 2:00 Online Church 3:30 Resident Choice</p> | <p>17 President's Day / 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 5:30 Evening Leisure </p> | <p>18 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure</p> | <p>19 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Remind Magazine 5:30 Evening Leisure</p> | <p>20 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers</p> | <p>21 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Sing Song 4:15 Animal Videos</p> | <p>22 Washington's Birthday 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 5:30 Evening Leisure</p> | |
| <p>23 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure</p> | <p>24 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure</p> | <p>25 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 3:30 Word Teasers 5:30 Evening Leisure</p> | <p>26 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure</p> | <p>27 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Claudia Nash 5:30 Evening Leisure</p> | <p>28 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos</p> | <p>Please note, that occasionally activity times may be subject to change to better suit the needs of our residents</p> | |