

Dungeness Courte
651 Garry Oak Dr
Sequim, WA 98382



Activities
2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure	2 Barbara D (84) 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure	3 Judy (83) 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Word Teasers 5:30 Evening Leisure	4 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	5 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure	6 10:00 Noodle Aerobics 10:30 Manicures 2:00 Carolyn Nash 3:30 Sing Song 4:15 Animal Videos	7 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 6:15 Catholic Communion
8 10:00 Short Stories 10:30 Balloon Badminton 1:30 Gospel Songs 2:00 Online Church 3:30 Resident Choice	9 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga 6:30 Christmas Carols	10 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 3:30 Word Teasers 5:30 Evening Leisure	11 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	12 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Sax Quartet 3:30 Word Teasers	13 10:00 Noodle Aerobics 10:30 Manicures 2:00 Kitty City 3:30 Sing Song 4:15 Animal Videos	14 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 6:15 Catholic Communion
15 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure	16 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Line Dancers 3:30 Lets Get Talking 5:30 Evening Leisure	17 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure	18 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Remind Magazine 5:30 Evening Leisure	19 Cal (75) 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Thursday Theatre 5:30 Evening Leisure	20 Richard (85) 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Sing Song 4:15 Animal Videos	21 10:00 Sittercise 10:30 The Joy of Music 2:00 Let's Bake 6:15 Catholic Communion
22 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 3:30 Resident Choice 5:30 Evening Leisure	23 Maureen (85) Diane (85) 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Bingo 3:30 Jenga	24 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure	25 Christmas Day 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Card Games 5:30 Evening Leisure	26 Connie (72) 10:00 Sittercise 10:30 Creative Coloring 11:00 Hair Care w/Heidi 2:00 Volleyball 3:30 Word Teasers	27 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 3:30 Sing Song 4:15 Animal Videos	28 10:00 Sittercise 10:30 The Joy of Music 2:00 Crafty Corner 6:15 Catholic Communion
29 10:00 Octaband 10:30 Creative Building 2:00 Online Church 3:30 Short Stories 5:30 Evening Leisure	30 10:00 Noodle Aerobics 10:30 Memory Cards 2:00 Hoopshoot 3:30 Lets Get Talking 5:30 Evening Leisure	31 New Year's Eve 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Puzzles 5:30 Evening Leisure	Please note, that occasionally activity times may be subject to change to better suit the needs of our residents.		If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309.	

