

Dungeness Courte

651 Garry Oak Dr

Sequim, WA 98382



Activities

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
If you have any questions regarding this calendar, contact Sarah our Activity Director at: sarahs@dungenesscourte.com or (360) 582-9309 ext. 119 						1 10:00 Sittercise 10:30 Sing A Song 2:00 Let's Bake 5:30 Evening Leisure
2 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 3:30 Catholic Communion 3:30 Resident Choice	3 10:00 Outdoor Exercise 10:30 AHA Cards 2:00 Hoopshoot 3:30 Giant Jenga 5:30 Evening Leisure	4 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Just In Tyme 3:30 Puzzles 5:30 Evening Leisure	5 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Bus Outing – OPHS 2:30 Crazy 8's 5:30 Evening Leisure	6 10:00 Sittercise 10:45 Dominoes 12:30 Hair Care w/Heidi 1:30 Wheelers 2:00 Volleyball	7 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Chair Soccer 4:15 Animal Videos	8 10:00 Sittercise 10:30 Sing A Song 2:00 Crafty Corner 5:30 Evening Leisure
9 10:00 Octaband/Parachute 10:30 Creative Building 2:00 Online Church 3:30 Catholic Communion 3:30 Reading Circle	10 10:00 Walk-N Talk 10:30 Memory Cards 2:00 Bingo 3:30 Bucket Toss 5:30 Evening Leisure	11 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Qwirkle 3:30 Word Teasers 5:30 Evening Leisure	12 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Myrna on Piano 3:30 21 Points 5:30 Evening Leisure	13 10:00 Sittercise 10:45 Dominoes 12:30 Hair Care w/Heidi 2:00 The Secords 3:30 Word Teasers	14 10:00 Noodle Aerobics 10:30 Manicures 2:00 OTA Singers 3:00 Chair Soccer 4:15 Animal Videos	15 10:00 Sittercise 10:30 Sing A Song 2:00 Let's Bake 5:30 Evening Leisure
16 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 3:30 Catholic Communion 3:30 Resident Choice	17 10:00 Outdoor Exercise 10:30 AHA Cards 2:00 Hoopshoot 3:30 Giant Jenga 5:30 Evening Leisure	18 10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Qwirkle 3:30 Word Teasers 5:30 Evening Leisure	19 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Buck Ellard 3:30 Card Games 5:30 Evening Leisure	20 Jean (82)  10:00 Sittercise 10:45 Dominoes 12:30 Hair Care w/Heidi 1:30 Wheelers 2:00 Volleyball	21 10:00 Noodle Aerobics 10:30 Manicures 1:45 Senior Singers 3:00 Chair Soccer 4:15 Animal Videos	22 10:00 Sittercise 10:30 Sing A Song 2:00 Crafty Corner 5:30 Evening Leisure
23 10:00 Octaband/Parachute 10:30 Creative Building 2:00 Online Church 3:30 Catholic Communion 3:30 Reading Circle	24 10:00 Walk-N Talk 10:30 Memory Cards 2:00 Bingo 3:30 Bucket Toss 5:30 Evening Leisure	25 Anna(88)  10:00 Sittercise 10:30 Chit-Chat & Trivia 2:00 Dennis Blair 3:30 Puzzles 5:30 Evening Leisure	26 10:00 Noodle Aerobics 10:30 Reminiscing 2:00 Bus Outing 2:30 UNO 5:30 Evening Leisure	27 10:00 Sittercise 10:45 Domino Derby 12:30 Hair Care w/Heidi 2:00 Claudia Nash 3:30 Word Teasers	28 10:00 Noodle Aerobics 10:30 Manicures 2:00 Chair Soccer 4:15 Animal Videos	29 10:00 Sittercise 10:30 Sing A Song 2:00 Let's Bake 5:30 Evening Leisure
30 10:00 Short Stories 10:30 Balloon Badminton 2:00 Online Church 3:30 Catholic Communion 3:30 Resident Choice	31 10:00 Outdoor Exercise 10:30 Memory Cards 2:00 Hoopshoot 3:30 Giant Jenga 5:30 Evening Leisure					Please note, that occasionally activity times may be subject to change to better suit the needs of our residents